



# "Transforming Lives & Building Tomorrow's Leaders"

## Class Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>BLACK BELTS</b> 9:00 - 9:30
	Adults <b>KRAV MAGA</b> 12:30 - 1:15		Adults <b>KRAV MAGA</b> 12:30 - 1:15		Adults/Teens <b>ALL BELT LEVELS</b> 9:30 - 10:30
					Junior/Little Warrior <b>WEAPONS</b> (BBLP ONLY) 10:30 - 11:15
Junior/Little Warrior <b>INTERMEDIATE</b> <b>ADVANCED</b> 4:45 - 5:30	Junior/Little Warrior <b>BEGINNER</b> 4:45 - 5:30	Junior/Little Warrior <b>INTERMEDIATE</b> <b>ADVANCED</b> 4:45 - 5:30	Junior/Little Warrior <b>BEGINNER</b> 4:45 - 5:30	Junior/Little Warrior <b>SPARRING</b> 4:45 - 5:30	Junior/Little Warrior <b>BEGINNER</b> 11:15 - 12:00
<b>LITTLE SAMURAI</b> 5:30 - 6:00	<b>LITTLE SAMURAI</b> 5:30 - 6:00	Junior/Little Warrior <b>JIU-JITSU</b> (BBLP ONLY) 5:30 - 6:00	<b>LITTLE SAMURAI</b> 5:30 - 6:00	Junior/Little Warrior <b>JIU-JITSU</b> (BBLP ONLY) 5:30 - 6:00	<b>LITTLE SAMURAI</b> 12:00 - 12:30
Family Class <b>BEGINNER</b> 6:00 - 6:45	Family Class <b>INTERMEDIATE</b> <b>ADVANCED</b> 6:00 - 6:45	Family Class <b>BEGINNER</b> 6:00 - 6:45	Family Class <b>INTERMEDIATE</b> <b>ADVANCED</b> 6:00 - 6:45	Adults <b>KRAV MAGA</b> 6:00 - 6:45	<u><b>BELT LEVELS</b></u> <b>BEGINNER</b> White thru Orange  <b>INTERMEDIATE</b> Green thru Camo  <b>ADVANCED</b> Brown thru Black
Adults/Teens <b>INTERMEDIATE</b> <b>ADVANCED</b> 6:45 - 7:45	Adults/Teens <b>INTERMEDIATE</b> <b>ADVANCED</b> 6:45 - 7:45	Adults/Teens <b>JIU-JITSU</b> 6:45 - 7:45	Adults/Teens <b>INTERMEDIATE</b> <b>ADVANCED</b> 6:45 - 7:45	<u><b>PROGRAMS</b></u> Little Samurai (ages 3 - 5) Little Warriors (ages 6 - 7) Junior Warriors (ages 8 - 11) Teens (ages 12 - 17) Adults (ages 18+)	
Adults <b>KRAV MAGA</b> 7:45 - 8:30	Adults/Teens <b>BEGINNER</b> 7:45 - 8:30	Adults <b>KRAV MAGA</b> 7:45 - 8:30	Adults/Teens <b>BEGINNER</b> 7:45 - 8:30		

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